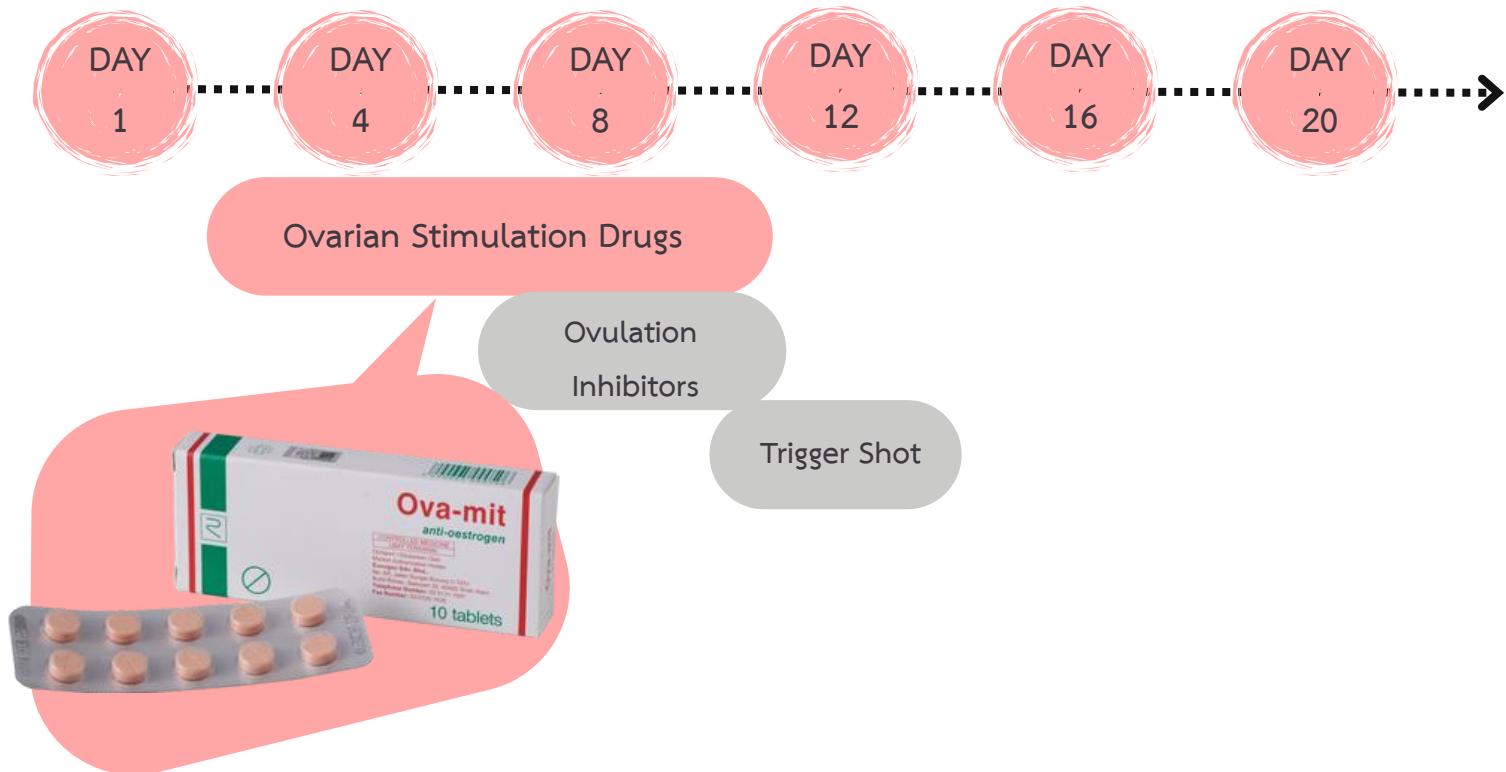




Clomiphene citrate (Ova-mit®)



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- Selective Estrogen Receptor Modulators (SERMs)
- Work by binding to estrogen receptors in the hypothalamus and pituitary gland, where they act as estrogen antagonists (essentially “tricking” the parts of the brain that regulate reproductive hormone production into sensing low estrogen levels). In females, this leads to increased production of follicle-stimulating hormone (FSH), resulting in follicular growth and potentially the development of more than one ovarian follicle. In males, SERMs are used to enhance testosterone levels and improve sperm strength/quality.
- Dosage: 1–3 tablets per day, taken for 5 days.
- Possible side effects (usually resolve after discontinuation): Hot flashes similar to menopausal symptoms, abdominal or pelvic discomfort, nausea or vomiting, headache, breast tenderness, and weight gain.
- Storage: Store the medication away from light.